

SPA MENU



WELCOME TO FERGUSON VALLEY ESCAPE

YOUR SANCTUARY OF HARMONY, REST, AND
REJUVENATION

STEP INTO OUR TROPICAL OASIS – AN INDOOR
AND OUTDOOR DAY SPA IMMERSSED IN NATURE'S
EMBRACE

BREATHE DEEPLY, UNWIND COMPLETELY, AND
ALLOW YOUR SENSES TO BE TRANSPORTED





Ferguson
Valley Escape

SPA MENU

ESCAPE INTO PURE TRANQUILITY WITH OUR SIGNATURE FERGUSON VALLEY ESCAPE SPA TREATMENTS

A SANCTUARY WHERE NATURE, NURTURE, AND LUXURY UNITE

SURROUNDED BY LUSH BANANA PALMS, FRANGIPANIS & TROPICAL TREES, OUR INDOOR/OUTDOOR BALI STYLE DAY SPA HAS BEEN PURPOSE BUILT FOR YOUR COMFORT AND RELAXATION IN MIND

WITH THE GENTLE SOUNDS OF BIRDSONG, EVERY TREATMENT IS DESIGNED TO RESTORE BALANCE, MELT AWAY TENSION, AND AWAKEN YOUR INNER CALM

LOMI LOMI HAWAIIAN MASSAGE

DESIGNED TO MELT YOUR STRESSES AWAY


LONG, SOOTHING RHYTHMIC STROKES USING WARM
COCONUT OIL TO NURTURE AND RESTORE YOUR
BODY'S NATURAL FLOW

FEEL EMBRACED, GROUNDED, AND DEEPLY RELAXED

60 MINS / \$150

90 MINS / \$200



A woman with her hair in a bun is lying on her stomach on a white massage table. She is in a tropical setting with lush greenery and palm leaves in the background. The image is partially obscured by a white torn-edge border.

Hawaiian LOMI LOMI Face & BODY Massage

A FULL-BODY AND FACIAL RITUAL THAT HARMONIZES
MIND, BODY, AND SPIRIT WITH LONG, FLOWING
SOOTHING STROKES EMBRACING YOU IN A WARM HUG

CALM THE NERVOUS SYSTEM WHILE A NOURISHING
FACIAL RESTORES YOUR NATURAL GLOW.

EMERGE RENEWED, PEACEFUL, AND RADIANT

90 MINS / \$225



AYURVEDIC Head Massage & Facial

EXPERIENCE THE SENSATION OF A WARMTH
COCONUT OIL HEAD MASSAGE AND A
SOOTHING FACIAL MASSAGE.

THIS DEEPLY RELAXING MASSAGE WILL
REHYDRATE YOUR HAIR & SKIN MAKING IT
FEEL BABY SMOOTH & RELEASING THE
TENSION IN YOUR MIND WITH THIS
THERAPEUTIC TRADITIONAL INDIAN
AYURVEDIC SCALP & FACIAL MASSAGE

60 MINS / \$150



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HOT Lava SHELL Massage

EXPERIENCE THE WARMTH OF SELF-HEATING LAVA SHELLS INFUSED WITH NATURAL MINERALS

THIS DEEPLY SOOTHING MASSAGE RELEASES TENSION, RESTORES ENERGY, AND LEAVES YOU CENTERED AND REVITALIZED

60 MINS / \$175 - 90 MINS / \$225



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Day Escape





COCOON – BODY SCRUB, MASSAGE & BATH RITUAL

ENJOY A DEEP MASSAGE & EXFOLIATION WITH A COCONUT HUSK SCRUB TO PURIFY AND RENEW THE SKIN CELLS. THEN, SHOWER IN OUR OUTDOOR TROPICAL BATHROOM & RELAX IN OUR LARGE SOAKING BATH UNDER THE TREE CANOPY LETTING NATURE WASH AWAY EVERY TRACE OF TENSION

90 MINS / \$200





Sauna + Flower essence Soaking Bath Soak



SWEAT OUT TOXINS IN OUR INFRARED SAUNA AND THEN REFRESH IN OUR SIGNATURE SOAKING BATH WITH HIMALAYAN SALTS AND FLOWER ESSENCES TO SOOTHE YOUR BODY AND ABSORB NATURE'S EMBRACE UNDER THE CANOPY OF TREES

60 MINS / \$100

HIMALAYAN FOOT SPA Massage

SOOTHE TIRED FEET WITH A WARM
HIMALAYAN SALT SOAK INFUSED WITH
FLOWER ESSENCES FOLLOWED BY A
COCONUT OIL RELAXING MASSAGE TO MELT
YOUR STRESSES AWAY

A GROUNDING RITUAL FOR TOTAL RENEWAL.

75 MINS / \$195



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GIRL'S DAY OUT

GLOW FROM HEAD TO TOE WITH THIS INDULGENT 2-HOUR ESCAPE DESIGNED FOR A BLISSFUL ESCAPE

45-MIN HAWAIIAN COCONUT LOMI HAWAIIAN MASSAGE / 30-MIN SOOTHING FACIAL / 15-MIN SCALP MASSAGE / 30 MINS REST IN OUR TROPICAL GARDENS WITH A GLASS OF CHAMPAGNE & CHEESE PLATE

2 HOURS / \$299 PER PERSON

COUPLES ROMANCE PACKAGE

AN INDULGENT COUPLES TREATMENT CREATING TIME TO RELAX & RECONNECT WITH A HAWAIIAN LOMI MASSAGE 60 MINS / COCONUT BODY SCRUB 30 MINS / COUPLE'S BATH WITH 1 GLASS OF CHAMPAGNE EACH & CHEESE PLATE 30 MINS

IMMERSE YOURSELF IN THE ULTIMATE SPA JOURNEY – A SOOTHING BODY MASSAGE, A REJUVENATING EXFOLIANT SCRUB & A SOOTHING SOAKING BATH BENEATH THE TREES.

A HEAVENLY SEQUENCE OF RELAXATION THAT LEAVES YOU FLOATING IN SERENITY.

FINISH WITH A GLASS OF CHAMPAGNE, OR GINGER LEMON TEA, & A CHEESE PLATE

2 HOURS / \$299 PER PERSON



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BOOK ONLINE

OPEN FRIDAY – SUNDAY BY APPOINTMENT ONLY

FERGUSON VALLEY ESCAPE INVITES YOU TO SLOW DOWN, BREATHE DEEPLY, AND REDISCOVER YOURSELF IN NATURE'S EMBRACE – WHERE EVERY TOUCH, SCENT, AND SOUND RESTORES YOUR SOUL

BOOK YOUR TREATMENT ONLINE

www.fergusonvalleyescape.au

